

Summertime in the Belgrades

... Serving the Central Maine Lakes & Kennebec River Corridor



VOLUME 25, NUMBER 10

Inviting All Kids to Sail

by Esther J. Perne



There's magic to discovering life on a lake, there's adventure to skimming along with the wind, there's contentment to gliding serenely across a broad expanse of water and accomplishment to maneuvering through the challenging narrows.

Sailing is a world that people learn about and love. It is a lifetime, individual sport, a builder of character and self-confidence. And, it is a social outlet across the country and the continents.

Sailing can be learned at any age. There are lessons for adults available locally with the Great Pond Yacht Club (GPYC), but it's the area's youth

that sailing enthusiasts and youth leaders in the Belgrades region and beyond want to introduce to the sport, to add this lasting positive dimension to their lives.

Building on the current Youth Sailing Program established in 2014 at Belgrade's Center for All Seasons, their goal is to create more awareness among local residents, especially kids, through a tighter relationship among the Great Pond Yacht Club, the Center for All Seasons and the Town of Belgrade.

Through an administrative arrangement with SailMaine, which is based in Portland, the exist-

ing summer sailing program holds classes 5 days a week during 6 one-week courses, 2 sessions per day. From 9 am-12 noon, youth 8 through 12 years of age meet, and from 1-4 pm, youth 12 through 17 years of age meet, using a fleet of boats purchased by the GPYC and donated to SailMaine.

This summer the classes are being taught by a dynamic duo, sisters Olivia and Annabelle Nolan, college freshmen, who grew up sailing on Great Pond and who took the Belgrade sailing classes. Enthusiastic instructors, they also have

Continued on page 2

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Continued from page 1



Creating awareness: Victor Esposito, JMG; Dan MacGlashing, Director Center for All Seasons; Olivia and Annabelle Nolan, sailing instructors; Kimberly and Andrew Dallas, GPYC Commodore; Esther Perne, Summertime in the Belgrades. Photo by Ethan Perne

proven adept at providing alternative sail activities in the program's cozy base cottage during inclement weather (i.e. downpours) or when there is no wind.

Lessons might require wind but they don't necessarily require money to register. Children, especially teens, and of course their parents should know that there are scholarships available for lessons through SailMaine, the Union Church in Belgrade Lakes and the Great Pond Yacht Club.

According to Dan MacGlashing, Director of Belgrade's Parks & Recreation, "I just want kids to have an opportunity for recreation." In regard to scholarships for the sailing program, he states, "I'm going to facilitate this as much as I can."

With 60 slots out of a total of 72 filled this summer, there is room for expansion. There is one week left to inquire about vacancies. And then, there is next summer.

There's magic to discovering life on a lake; there's magic to learning to sail.

Information is available at: greatpondyachtclub.com



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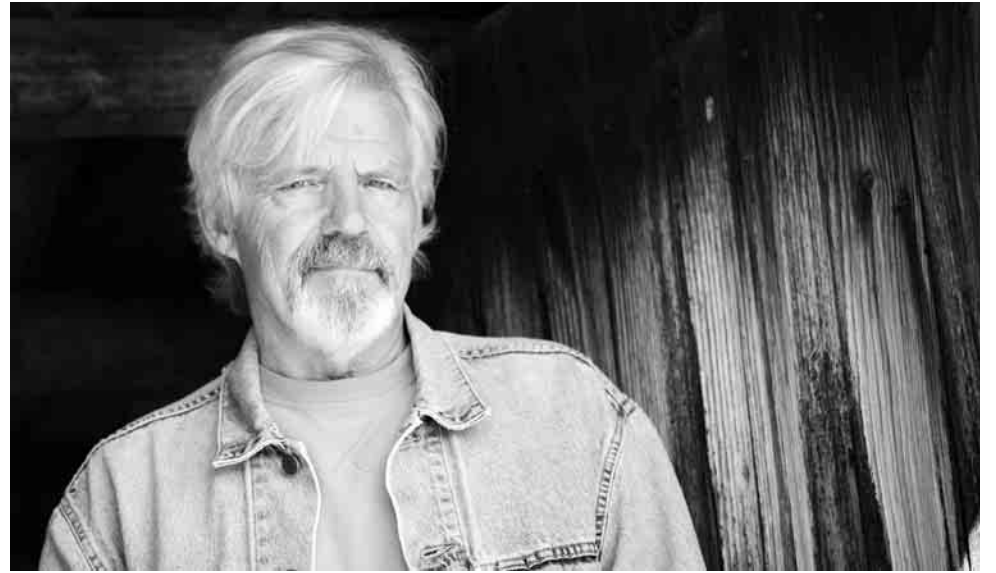
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From Playwright to Novelist: Oscar Winner Ernest Thompson Presents His New Book August 19



Ernest Thompson

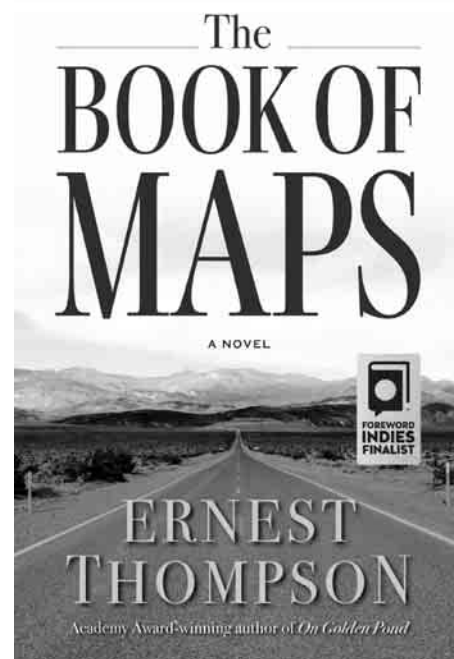
Ernest Thompson, winner of an Academy Award for the movie *On Golden Pond*, will return to the Belgrades on Saturday, August 19 to present his first novel, *The Book of Maps*. The event will take place at 4 pm at the Belgrade Community Center for All Seasons.

Thompson, whose family connection to Great Pond began in 1908 and who has had a lifetime of summers there, will discuss and read from his new novel, *The Book of Maps*, available for purchase (or bring your own copy) and signing by the author, and will also answer questions about *On Golden Pond*, the play and the making of the movie.

The Book of Maps is the tale of a father, taking his 10-year-old son on a cross-country trip from Los Angeles to New Hampshire, covering 16 states in 15 days. It's also the interior journey of the dad trying to find the best time to break the news to his son that the parents are ending their marriage.

Released last fall, *The Book of Maps* has been featured on a countrywide book tour. "I welcome the opportunity to engage with folks who love compelling stories as much as I do," Thompson says. After 5 decades as an actor, playwright, director and scriptwriter, Thompson brings a legacy of writing experience and no shortage of anecdotes to the presentation of *The Book of Maps*.

The *Book of Maps* event is free and open to the public and will include an auction of *On Golden Pond* memorabilia donated by Thompson from his personal collection with all book and auction proceeds benefiting the Belgrade Lakes Association.



Summertime in the Belgrades

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Colby Students Continue Legacy of Lake Science with 7 Lakes Alliance

For more than a decade, 7 Lakes Alliance has partnered with Colby College to better understand the ecology of the Belgrade Lakes watershed and to develop exceptional research, education, innovative approaches, and guidance for the community.

The 7 Lakes Alliance and Colby College partnership provides students with real-world experience, a research laboratory, field station, conference space, and teaching resources. A multi-disciplinary team of Colby faculty across disciplines, including, biology, chemistry, economics, geology, and social sciences, collaborate with 7 Lakes Alliance to engage citizens, lake associations, the Maine Department of Environmental Protection, and others in studying and protecting the Belgrade Lakes region. According to Dr. Danielle Wain, Lake Science Director at 7 Lakes, "Science and community are the cornerstones of our work to restore and protect our lands and waters."

A cadre of Colby students work throughout the academic year and during the summer to help support 7 Lakes Alliance's conservation strategies throughout the watershed. Colby interns gain valuable practical experience as they work to promote environmental stewardship practices to sustain healthy, vibrant lakes. Chemistry student Grady Florance, Class of '24 shared: "Being able to actually apply what we've learned in school to the greater Maine community by working on the lakes has been really fulfilling."



7 Lakes intern Grady Florance

With training from 7 Lake's Dr. Danielle Wain and her fellow Lake Scientist, Lizzy Gallagher, six Colby students worked this summer on all 7 lakes to help determine current conditions. In just 10 weeks the students collected 600+ water samples for nutrient analysis, processed 75 algae samples via the Flowcam Cyano (7 Lake's new state-of-the-art algal imaging system) to determine algal levels in the lakes, and took over 110 water clarity readings. The students also worked on individual research projects. Topics ranged from nutrient analysis, using big data to predict a certain type of algal bloom, the use of AI in predicting water clarity, alum treatment research (sediment, zooplankton and user impacts), algal technology comparisons and more! Students honed their science communication skills at each of the boat launches, conversing about the lakes with community members.

The good health of the lands and the waters of the Belgrade Lakes region supports the economic infrastructure of the area. Dr. Danielle Wain added: "A healthy watershed benefits everyone in our community by supporting local commerce, recreation and tourism." Most importantly, these students continue a conservation legacy to ensure a healthy Belgrade Lakes region for generations to come.




CROSS FOR LIFEFLIGHT HIKE

Thursday, August 17, 2023

Join us on Thursday, August 17, 2023, for a hike in partnership with 7 Lakes Alliance in Belgrade, beginning at 4:30pm. Show up early for LifeFlight's Ground Safety Course, during which participants will help the helicopter safely land and learn how to transfer a patient to the aircraft.

Every mile you "Cross" counts and helps get us closer to our goal of raising awareness and funds for Maine's only air ambulance service.



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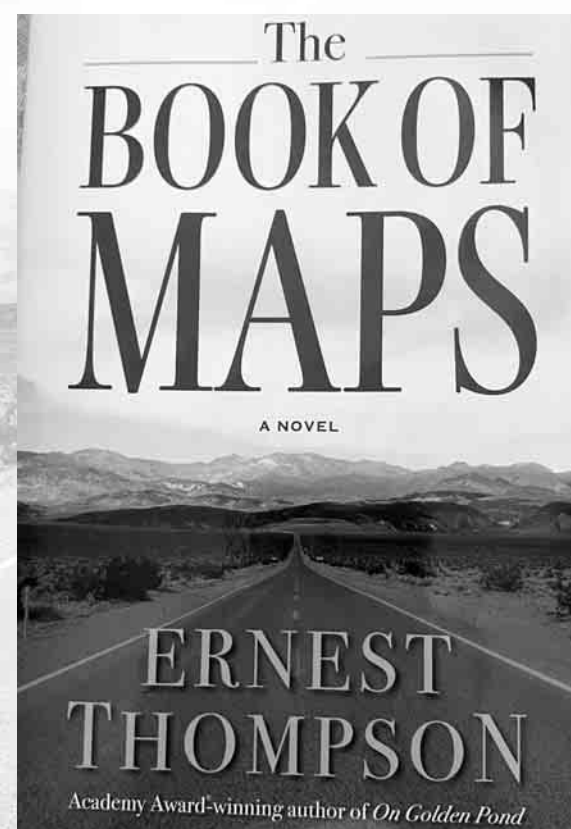
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Join author Ernest Thompson of "On Golden Pond" fame to hear about his new novel "The Book of Maps"

Saturday, August 19, 4 pm

Belgrade Center for All Seasons

Route 27, Belgrade Lakes



Free and open to the public,
the presentation will include:

- Meet and Greet
- Presentation on "The Book of Maps"
- Auction of "On Golden Pond" memorabilia
- Book sales and signing

Proceeds will benefit the Belgrade Lakes Association



— Take It Outside —

Memories Being Made

by Pete Kallin



Nathan and Dave biking the "B" Trail.



Josh, Emma, and Evie in my 1947 Old Town.



Jeremy Derby with big smallie.



Grandpa with Wyatt, Joe, and a nice bass.



Mike holding up a nice pike that Wyatt caught.



Ben Derby with a smallie he won't forget.



Miles with a memorable trophy smallmouth.

Joe Dambrie from Memphis, Tenn. They caught some nice bass and pike and you can tell by the smiles below that nice memories were being made. Another trip with Mike last week included Jeremy Derby and his son, Ben, and his friend Miles Lucido from Georgetown, MA. I guarantee they won't forget the big snallies (and not an oxymoron!) they caught.

Take advantage of the rest of the summer and get out on the lakes or hike or bike in the hills. And

Continued on page 15...

Hard to believe this is the penultimate edition of "Summertime!" for the season. The summer is flying by and the papers are full of "Back to School Specials." Many of the roads entering our watershed have welcoming signs that describe it as a place "where memories are made." There was definitely a lot of that going on last week. We had over two dozen members of my wife's family in from as far as Hong Kong for a family reunion of food, swimming, biking, listening to loon calls, etc. Lots of memories made! I know I'll never forget my 4-year-old grandson, Bub, putting his "floaties" on and jumping off the swim dock and then turning to some of his more skeptical younger cousins he had just met for the first time and informing them, "Just put a life jacket on and jump in! It will hold you up." They were not quite convinced but made it into the lake eventually along with their parents. I also overheard Bub turn to his mom while sharing a standup paddleboard with her and exclaim, "I love having fun on PopPop's lake!" Another lasting memory.

Meanwhile, over on Messalonskee Lake, my friend J. J. Jurdak went out fishing with Mike Guarino along with a few members of his extended family, including 8-yr-old grandson, Wyatt Dambrie of Cumberland, ME and his Wyatt's Uncle

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Calendar

Additions and changes to events, activities, outings, visits, etc. are welcome and appreciated. Email, call, or stop us on the street with ideas and information.

Thursday 8/17 - Cross for Lifelight Hike, raising awareness and funds for Maine's only air ambulance service, hike at 4:30 pm, show up early to help helicopter safely land and learn how to transfer a patient, for location contact 7 Lakes Alliance, Belgrade Lakes.

Thursday 8/17-Saturday 8/26 - "Leading Ladies," comedy, 474-7176, Route 201, Madison.

Through Saturday 8/19 - Skowhegan State Fair, endless food, fun, exhibitions, livestock events, live bands, daily shows, harness racing, pulls, demolition derbies, 2 dollar day August 17, Senior Citizen Day August 18, parking \$5 per car, per day, kids 10 and under free, Skowhegan Fairgrounds, Route 201, Skowhegan.

Friday 8/18 - Invasive Plant ID Workshop, 10-11:30 am, 7 Lakes Alliance, 137 Main Street, Belgrade Lakes.

Friday 8/18 - Artwalk Gardiner, visit the studios, meet the artists, displays in downtown businesses, 5-8:30 pm, Water Street, Gardiner.

Friday 8/18 - Juke Joint Devils, Johnson Hall Free Waterfront Concert, 6-7:30 pm, Waterfront Park on the

Kennebec River, Gardiner.

Saturday 8/19 - Community Trail Cleanup, 9 am-12:30 pm, 7 Lakes Alliance, Drury Lane, Rome.

Saturday 8/19 - Winthrop Sidewalk Art Festival, food, sales, artists, crafters, 9 am-3 pm, along Main Street, downtown Winthrop.

Saturday 8/19 - The Book of Maps, author Ernest Thompson presentation, book sales and signing, auction of On Golden Pond memorabilia, proceeds to benefit the Belgrade Lakes Association, 4 pm, Center for All Seasons, Route 27, Belgrade Lakes.

Saturday 8/19 - The Buttermilk Hill Band, 6:30 pm, The Union Coffeehouse, Village Green, Main Street, Belgrade Lakes.

Sunday 8/21 - Sapphire Lane, Concert at Norcross Point, free, 2-4 pm, Winthrop.

Sunday 8/20 - Skowhegan Community Band, Concerts in the Park, 5-6:15 pm, Coburn Park, Skowhegan.

Monday 8/21 - Western Maine Foothills Band, Concert in the Park, 7-8:30 pm, Meetinghouse Park, downtown Farmington.

Tuesday 8/22 - Stan Davis, local singer and songwriter, 6 pm, Union Meeting House, Readfield.

Tuesday 8/22 - MooseHedz, Rock on the River series, 7-

8:30 pm, Grandstand, Water Street, Hallowell.

Thursday 8/24 - Sunday 8/27 - Blistered Fingers Family Bluegrass Festival, 10 bands, camping, kids academy, extra large audience tent, concessions, a lot of field pickin', Litchfield Fairgrounds, 30 Plains Road, Litchfield.

Thursday 8/24 - Mushroom Foraging Walk, 7 Lakes Alliance, 9 am, Fogg Island Preserve, Spring Hill Road, Mount Vernon.

Thursday 8/24 - Skowhegan Falls History Walk in Celebration of Skowhegan's Bicentennial, with guide Melvin Burnham, local historian, 10 am, Benedict Arnold Park behind the Federated Church, Island Avenue, Skowhegan.

Thursday 8/24 - Cruise In, 5-7 pm, Waterfront Park, Kennebec River, Gardiner.

Thursday 8/24 - 20th Annual Friends of the Cobbossee Watershed Lakeside Libations & Celebrations, fundraiser for water quality and education programs, 5:30-8:30 pm, 395-5239, YMCA Camp of Maine, Winthrop.

Thursday 8/24 - The Fossils, WaterFront Music Series, 6-8 pm, WaterFront Park, Oakland.

Thursday 8/24 - Frenzie, Village Green Music Series, 6:30-8 pm, 495-3481, recreation@townofbelgrade.com, Main Street, Belgrade Lakes.



ARTWALK GARDINER

Friday August 18th 5:00 - 8:30pm

PARTICIPANTS

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— Along the Kennebec River Corridor —

Skowhegan Falls History Walk in Celebration of Skowhegan's Bicentennial



Looking down Dodge Street- Hunters with their catch on a Concord Wagon ca. 1907

In celebration of Skowhegan's Bicentennial Melvin Burnham, local historian, will lead a history walk at Skowhegan Falls Thursday, August 24th 10:00 am, beginning at the Benedict Arnold Park behind the Federated Church, Island Avenue, Skowhegan.



Image from a 1892 Bird's Eye View Map of Skowhegan Falls submitted by Melvin Burnham

once could only be accessed by rowboat, canoe, or bateaux. Native Americans used it for fishing, resting, growing crops, and gathering mineral resources for their weapons. Now thousands of vehicles cross this 12-acre island every day.

The old Spinning Mill, built in 1922, is currently being repurposed as housing units, a hotel, and a brewery. If the conditions are right tour participants will be offered a chance to look inside this project to see how an historic structure can be reconstructed and continue to serve the community.

Many of the photos shared in this walk originated from the H. A. Wyman Collection assembled by Roland Taylor Patten (1864 - 1913), an early editor/owner of the Independent- Reporter and avid cyclist. Prior to his involvement in the Independent-Reporter photos used in the paper were discarded after use. Mr. Patten, realizing their value, decided to save them and over the years collected numerous photos depicting early Skowhegan history. Upon selling his interest in the newspaper and moving away, Mr. Patten secured funds from H. A. Wyman to assemble his image collection in binders and labeled each with valuable information. The Wyman Collection is now housed at the Skowhegan History House Museum & Research Center.

The ninety-minute walk will be tailored to participants' needs and interests. Participants are welcome to bring and use lightweight folding chairs for their comfort and use their cameras along the way.

Join the tour and take a step back in time to see why Skowhegan Falls was and continues to be an important historic district in this community. (Images (1&3) from the Skowhegan History House Museum & Research Center Wyman Collection.)

This history walk offers participants in-depth information with vintage images that illustrate what role Skowhegan Island and Skowhegan Falls played in the development of industry and culture on the Kennebec River during the 19th century. Participants will learn what it was like to live and work in this era; how the power of moving water can shape the destiny of a community. This island



Ice going over Skowhegan Falls

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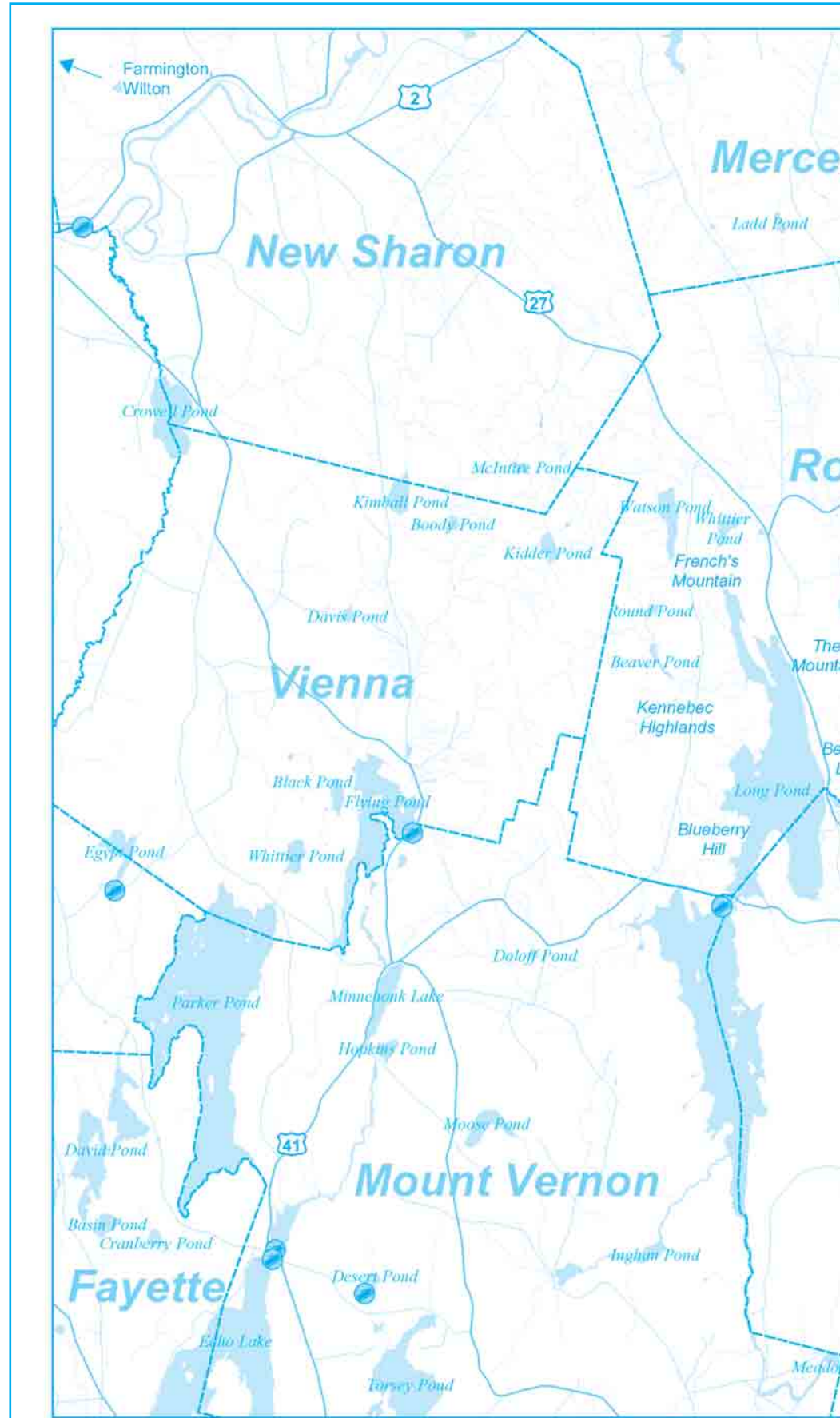
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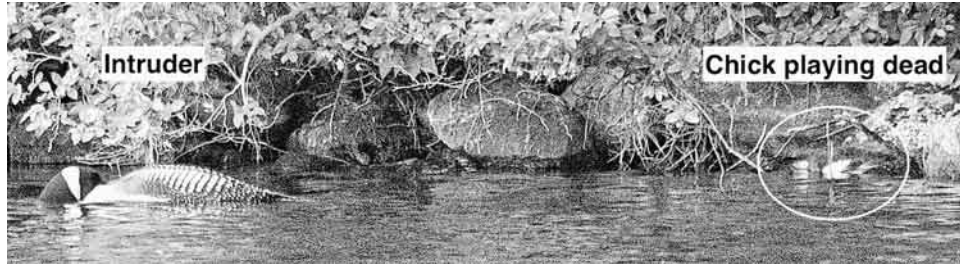
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Call of the Loon

Saving a Loon Chick on Long Pond



Well, we scored another first yesterday morning while heading out on upper Long Pond with BLA's illustrious Loon Project crew, consisting of loon

expert, Lee Attix, Colby College interns, Kate Jaffe and Brynne Robbins and yours truly. We were not 50 yds from the dock when Lee observed one of our two Tracy Cove chicks up against the shore approximately 100 yds away. We motored over and within three to four minutes, there were numerous splashes and our chick disappeared! Less than 30 seconds later, an adult popped up but still no chick. Where did this adult come from? What happened to our chick? MASS PANIC SET IN!! As the adult swam



Lee holding the rescued chick!

maybe 5 yds away, we noticed the chick washed up against the shore.

The only adult that should have been this deep in the territory with a lone chick should have been one of the two recently banded parents but this adult loon was an un-banded intruder that came in to dispatch the chick!!! The intruder then went over to the chick and pecked its head with the chick appearing dead. Didn't move a feather! We brought the boat right in to the chick and as Lee attempted to pick up the chick with a jacket, the chick came alive!!!

It was feigning dead even as this intruder pecked its head. We felt our only alternative was to capture the chick to protect it from this intruder and hopefully

reunite it with his/her sibling and parent(s). We placed the chick, wrapped in a towel, into a cooler and set out to find the rest of the family.

Approximately a mile down the lake we located the sibling and banded female, aka "mother". YEAH!!!! Now the interesting part!! Lee reached over the bow to release our rescued chick and he/she immediately spun around and not once, not twice, but three times, trying to get a piece of Lee!!! So much for gratitude!! With Lee running for cover (not really!), the chick dove and swam over to join his/her sibling and mother.

Our 'Rescuee' immediately tried to intervene in the feeding but mother ignored him for the first ten



Rescued chick going for a "Cooler Ride"!



The Ungrateful rescued chick trying to get another piece of Lee!



Mother pulling away from nagging rescued chick!
Note the heavy molting!
(Not the most attractive period of their lives!)



The two chicks reunited and still together the next day!

minutes or so and finally relented. She appeared totally disinterested like "where did you come from??!!"

You've got to have thick skin to be a BLA Loon Volunteer! But it is incredibly rewarding!

If you have a particular question regarding our Belgrade loon population, please email your inquiry to: info@blaine.org and we will try to answer your question either in this column or via email.

Dick Greenan, Chairman, BLA Loon Preservation Project





Dining

Augusta

• **Riverfront Barbeque & Grille and Gin Mill Lounge**, world class barbeque, seafood, pasta and vegetarian entrees, full service dining, catering, bulk take out, 300 Water Street, Augusta, www.riverfrontbbq.com, 622-8899

Belgrade

• **H.J Blake's for Goodness Sake's**, fresh, homemade, tasty take out, signature lobster rolls, hot dogs, burgers, scenic outdoor seating, 945 West Road, Belgrade, 462-2280

- **Sadie's Boathouse Restaurant** at Great Pond Marine, hearty contemporary American fare, 25 Marina Drive, Belgrade Lakes, 495-4045, 242-1273
- **Winterberry Farm Café**, homemade treats, pie, cookies, granola bars, grilled organic cheese sandwiches, veggies, drinks, 538 Augusta Rd, (Route 27), Belgrade, 649-3331 779-7883

Oakland - Wines & Spirits

• **Tree Spirits**, tasting room for award winning wines and spirits made from local apples, pears and maple syrup, tours available, 152 Fairfield Street, Oakland, www.treespiritsofmaine.com, 861-2723 or 465-3007

Weekly Farmers' Markets

Tuesday - Augusta Farmers' Market, 2-6 pm, Mill Park, Water Street.

Wednesday - Fairfield Farmers' Market, 2-6 pm, 81 Main Street, Nazarene Church Parking Lot, 81 Main Street.

Thursday - Downtown Waterville Farmers Market, 2-6 pm, Head of Falls and Riverwalk.

Friday - Farmington Farmers' Market, 10 am-1 pm, parking lot near Better Living Center, Front Street.

Saturday - Fairfield Farmers' Market, 9:30 am-1:30 pm, 81 Main Street, Nazarene Church Parking Lot, 81 Main Street.

Saturday - Farmington Farmers' Market, 9 am-12 noon, in front of Court House, Main Street.

Saturday - Hallowell Farmers' Market, 9 am-12 noon, Steven's Commons.

Saturday - Skowhegan Farmers' Market, 9 am-1 pm, Somerset Grist Mill.

Saturday - Wayne Farmers' Market, 9 am-12 noon, on the Green at Mill Pond.

Sunday - Belgrade Lakes Farmers' Market, 8 am-1 pm, 7 Lakes Alliance, Main Street, Belgrade Lakes.

ROME LOGO CONTEST

Looking for creative people to design the Town of Rome logo!!

Posted on: August 2, 2023

All who live in and visit Rome know what makes it a special place. Now is your opportunity to capture the essence of Rome in a unique design that will live on to reflect your vision.

HOW TO ENTER:

Please submit your entries to Abby at the Town Office (or via email at selectmen@romemaine.com).

ENTRY DEADLINE: The contest will be open until November 30, 2023.

WINNER: The winning logo will be announced at the March 2024 Town Meeting.

PRIZES: The winner will receive a gift basket filled with merchandise from local businesses.

RULES: Hand drawn or electronic submissions. Electronic submission must be in native file format (jpeg, gif, etc). No entries shall have copyright restrictions. Multiple entries allowed.

Contest is open to all residents and non-residents of the Town of Rome.

THE WINNING LOGO WILL BE FEATURED AT EVENTS, NEWSLETTERS, WEBSITES AND OTHER INFORMATION ABOUT THE TOWN OF ROME, MAINE

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-Business Directory-

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Hathaway Mill Antiques, Multi-Dealer Emporium,
10 Water Street, Waterville, 877-0250,
www.hathawaymillantiques.com

APPLE ORCHARDS

The Apple Farm, 104 Back Road, Fairfield,
453-7656, www.applefarm.us

ARCHITECTURAL DESIGN

LakeHouse Design, Build, Renovate, 17 Birchwood Road,
Augusta, 242-3663.
<https://www.houzz.com/pro/contact7917/lakehouse-design-build>

ARTS

High Peaks Artisan Guild, art gallery open Friday,
Saturday, Sunday 11 am-5 pm, other times by chance or
appointment,
245 Main Street, Kingfield, 340-1045,
highpeaksartisanguild.homestead.com
Waterville Creates, 10 Water Street, Suite 106, Waterville,
616-0292, www.watervillecreates.org

AUTOMOBILE STORAGE

Belgrade Lakes Marine and Storage, Inc.,
366 Augusta Road, Belgrade, (Rte. 27), 495-2378,
www.belgradelakesmarine.com

BANKING

Maine State Credit Union 200 Capitol Street, Augusta,
623-1851, www.maine-statecu.org

BEVERAGES

Tree Spirits, 152 Fairfield Street (Rte. 23), Oakland,
861-2723 or 465-3007, www.treespiritsofmaine.com

BOAT COVERS

Covers It All Upholstery & Canvas, 1042 Kennedy
Memorial Dr, Oakland, 465-7847,
www.coversitallupholstery.com

BOAT LIFTS

Hammond Lumber Company, at 22 locations: Auburn,
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Damariscotta, Ellsworth, Fairfield, Farmington, Greenville,
Machias, Portland, Rochester (NH), Rockland, Skowhegan,
1-800-HAMMOND, www.hammondlumber.com

BOAT MOORINGS

Great Pond Marina, 25 Marina Drive, (off Rte. 27),
Belgrade Lakes, 495-2213, www.greatpondmarina.com

BOAT RENTALS

Great Pond Marina, 25 Marina Drive, (off Rte. 27),
Belgrade Lakes, 495-2213, www.greatpondmarina.com

BOAT SALES AND SERVICES

Mid-Maine Marine, 885 Kennedy Memorial Drive,
Oakland, 465-2146, www.midmainemarine.com

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Road, Belgrade, 495-2378, www.belgradelakesmarine.com
Great Pond Marina, 25 Marina Drive, (off Rte. 27), Belgrade
Lakes, 495-2213, www.greatpondmarina.com
Mid-Maine Marine, 885 Kennedy Memorial Drive,
Oakland, 465-2146, www.midmainemarine.com

BOOKS

Children's Book Cellar, 52 Main Street, Waterville,
872-4543, www.facebook.com/ChildrensBookCellar/
Oliver and Friends, Bookshop, 87 Main Street, Belgrade
Lakes, 707-2123, oliverandfriendsbookshop.com
Peoples Book Shop, 605 Wings Mill Rd., Mount Vernon,
620-2392, hosehead51@roadrunner.com

BUILDERS

G&L Contracting, Belgrade Lakes, 215-7951, 495-9009,
233-7408, gandlcontractingmaine.com
LakeHouse Design, Build, Renovations, 17 Birchwood
Road, Augusta, 242-3663. 512-8161
<https://www.houzz.com/pro/contact7917/lakehouse-design-build>

BUILDING MATERIALS

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Machias, Portland, Rochester (NH), Rockland, Skowhegan,
1-800-HAMMOND, www.hammondlumber.com

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ejlancaster77@gmail.com
Webster Camp Jacking and Leveling, 32 Webster Way,
Belgrade, 313-8439

CIVIL ENGINEERS

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permitting, 17 Hasson Street, Farmingdale, 582-7762,
www.thayereng.com

COMPUTER CONSULTANTS

Macintosh Solutions Consultant, Michael Breault, 24 Welch
Road, Wilton, cell 578-0226, www.michaelbreault.net

CONSTRUCTION

CDS Construction, electrical, heat pump, carpentry, Rome,
431-6622, dereck.shaw207@gmail.com

DINING

See Directory on page 11

DOCKS

Hammond Lumber Company, at 22 locations: Auburn,
Bangor, Bar Harbor, Belfast, Belgrade, Blue Hill, Boothbay
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Damariscotta, Ellsworth, Fairfield, Farmington, Greenville,
Machias, Portland, Rochester (NH), Rockland, Skowhegan,
1-800-HAMMOND, www.hammondlumber.com

ELDER CARE

Maine-ly Elder Care, 28 Center Street, Oakland,
465-3249, www.maine-lyeldercare.com

EXCAVATING

David Stevens, Belgrade, 465-3815, cell 314-0314

EYE CARE

Eye Care of Maine, 325A. Kennedy Memorial Drive,
Waterville, 873-2731, 1-800-660-3403, www.Maine2020.com

FARM MARKETS

Winterberry Farm, 538 Augusta Road, (Rte. 27), Belgrade,
649-3331, www.winterberryfarmstand.com

FINANCIAL PLANNING

Golden Pond Wealth Management, 129 Silver Street,
Waterville, 873-2200, www.goldenpondwealth.com

FILMS

Maine Film Center/Maine International Film Festival,
Schupf Art Center, 93 Main Street, Waterville, 873-7000,
www.watervillecreates.org/maineilmcenter/, www.miff.org.

FIREWOOD

J & M Logging, Inc. 853 Civic Center Drive, (Rte. 27),
Augusta, 622-6353, www.jmlogginginc.com

FLOORING

Hammond Lumber Company, at 22 locations: Auburn,
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Machias, Portland, Rochester (NH), Rockland, Skowhegan,
1-800-HAMMOND, www.hammondlumber.com

GENERATORS

Generators of Maine, 262 Augusta Road (Rte. 27), Belgrade,
495-2285, www.generatorsofmaine.com

HEAT PUMPS

CDS Heat Pumps, Derek Shaw, 431-6622,
dereck.shaw207@gmail.com

HOME CARE

Maine-ly Elder Care, 28 Center Street, Oakland,
465-3249, www.maine-lyeldercare.com

INSURANCE

GHM Insurance, 51 Main Street, Waterville, 800-244-9046,
www.ghmagency.com

KITCHENS

Hammond Lumber Company, at 22 locations: Auburn,
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Machias, Portland, Rochester (NH), Rockland, Skowhegan,
1-800-HAMMOND, www.hammondlumber.com

LAKE ASSOCIATIONS

Belgrade Lakes Association (BLA), Long Pond and Great
Pond, PO Box 551, 137 Main Street, Belgrade Lakes,
512-5150, belgradelakesassociation.org
McGrath Pond-Salmon Lake Association (MPSLA),
Belgrade and Oakland, PO Box 576, Oakland, ME 04963,
www.mcgrathpond-salmonlake.org

LAND AND LAKE CONSERVATION

7 Lakes Alliance, PO Box 250, 137 Main Street, Belgrade
Lakes, 931-7710, www.7lakesalliance.org

LANDSCAPING

Gagne & Son Concrete Products, patio setups, stone,
masonry products, complimentary outdoor heating, lighting,
furniture, 1583 Augusta Road, Belgrade, 495-3313,
gagneandson.com
Lynch Landscaping, 78 Maple Street, Norridgewock,
474-2420, 405-0880, www.lychlandscaping.com

LODGING

Alden Camps, 3 Alden Camps Cove (off Rte. 137), Oakland,
465-7703, www.aldencamps.com

MAILBOAT RIDES

Great Pond Mailboat Rides, calm days are the best, maxi-
mum number of riders is 4 small adults, \$20 each, 2-hour
ride, leave 9:20-9:40 am from Belgrade Lakes Post Office,
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August 18 - August 24, 2023

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PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main Street, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO LESSONS

Diane Gorman, 191B Bartlett Road, Belgrade, 495-3222 Gorman3366@roadrunner.com

REALTORS

Coldwell Banker Plourde Real Estate, 143 Silver Street, Waterville, 660-4001, 872-7650, www.coldwellbanker.com

Ellen Wells, Coldwell Banker Plourde Real Estate, 649-1471

Lakepoint Real Estate, 221 Main Street, Belgrade Lakes, 495-3700, www.belgradelakepoint.com

Amy Bernatchez, Lakepoint Real Estate, 314-2353, amy@belgradelakepoint.com

Trisha Cheney, Lakepoint Real Estate, 716-6494, trisha@belgradelakepoint.com

Stephanie Yeaton, Lakepoint Real Estate, 495-4046, 592-5577, stephanie@belgradelakepoint.com

RECREATIONAL VEHICLE AND TRAILER STORAGE

Belgrade Lakes Marine and Storage, Inc, 366 Augusta Road (Rte. 27), Belgrade, 495-2378, www.belgradelakesmarine.com

RESTAURANTS

See Dining Directory on page 11

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Drive, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

STORAGE

Fieldstone Storage, by appointment only, 270 Summer Street, Oakland, 314-5523, FieldStoneStorage.com

SURVEYING

Acme Land Surveying, 108 Fairbanks Road, Suite 5, Farmington, 778-408, 1800-778-408, www.acmelandsurveying.com

WINDOWS

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WINE AND SPIRITS

Tree Spirits, 152 Fairfield Street, Route 23, Oakland, 861-2723 or 465-3007, www.treespiritsofmaine.com



The Dams Keeper Report

As I write this week's column, your all volunteer Dams Committee got caught with their proverbial pants down!! We've had numerous close calls this summer but fortunately the Belgrade Lakes have avoided the severe flooding that many of our neighbors up North and East of us endured. Well, we got nailed this time with 4 inches of rain in less than 24 hrs., bringing Long Pond up a whopping 12", Great Pond 7", and Salmon, McGrath and Messalonskee, 6" each. We were prepared for an inch or two but not the 4" we received, unfortunately, resulting in washing out several of our neighbors' docks. Seeing that we were going to get slammed, we promptly opened the gates but by then, it was a little too late, for which we apologize. We've been in the "Save the Water" mode for so long that it was not easy to switch gears, especially with so many recent false warnings. As we are now on the back side of the Dog Days of Summer, and with the threat of a drought lessening, we will be allowing

our water levels to recede a bit so we will better be able to handle these flash floods in the future.

In the meantime, we are bringing our water levels back down to just full pond as soon as we can. As I write this column, Snow Pond is again, remarkably at 2.52" below full due to their electricity generation and ability to handle a lot of water. Great Pond is today at 6.72" above full with one gate opened just 2' to not further add to Long Pond's misery. Long Pond, at the Wings Mill Dam, is 2.76" above full with both gates wide open. Upper Long Pond is currently a whopping 10" above full due to its steep watershed. Salmon, is also slowly coming down and is now 4.5" below full pond. Without any further deluges, it will take a couple of weeks to bring things back down to 'normal'.

If you have a particular questions regarding our Dams and/or water levels, please email your inquiry to: dickgreenan@outlook.com and we will try to answer your question either in this column or via email.

Enjoy the Family, your Vacation and what's left of Summer!

Dick Greenan
Chairman, Belgrade Lakes Watershed Dams Committee



Vienna Union Hall Will Rock with the Porch Party Mamas



The Vienna Union Hall is pleased to invite you to join us for a rockin' good time with the Porch Party Mamas on Friday, August 25th, at 7 PM. The Vienna Union Hall is one of western Maine's hidden venue gems, located at 5 Vienna Mountain Road in the heart of the village. You can purchase tickets on our website; viennaunionhall.org/arts-and-events page or visit our Facebook page (Vienna Union Hall).

Inspired by playing and singing each others songs at their own "porch parties", these established Boston area musicians and singer/songwriters decided to combine their individual talents and create their own brand of Urban Folk, Country and Blues. They took their act on the road and "Porch Party Mamas" was born. All are seasoned players, each with their own pervasive individual music persona and critical accolades. Among them, they have shared the stage with a distinguished litany of artists, including Willie Nelson, the Indigo Girls and Lyle Lovett.

The Porch Party Mamas are an engaging and magnetic Boston-area band of four female musicians who've developed a fun and moving unique blend of folk, country, Celtic, and blues repertoire. They play beautiful arrangements of lovely and whimsical songs featuring dynamic lead vocals and lush harmonies backed by virtuosic guitar, fiddle, accordion, piano, percussion, banjo, and bass playing.

The Porch Party Mamas are: Felicia Brady-Lopez (vocals, accordion, piano, guitar, bass), Jane Grondin (vocals, fiddle, guitar), Ksenia Mack (vocals, guitar, banjo) and Katrin Peterson (vocals, percussion, piano).

For more information contact Tim Davis at viennaunionhall@gmail.com. See you there!
Contact/Not for publishing: Tim Davis, viennaunionhall@gmail.com or (207)-293-2309.





Good Prose by Tracy Kidder and Richard Todd

by Martha F. Barkley

"The Art of Nonfiction" grabbed me because of having read and remembered Tracy Kidder's *Mountains Beyond Mountains* AND *Strength in What Remains*. Both riveting stories about monumental people and events you never heard of, at least I had not.

Among the public library shelves, this shiny covered new book published in 2013, was there for me to check out. New England favorite authors are within: Stephen King's *On Writing* is listed in the selective bibliography, Henry David Thoreau explored on five pages AND our very own E.B.White on four pages along with his professor Strunk on two additional pages.

I did enjoy reading how these two friends and writers over three decades long, grew into this book of knowledge about writing investigative journalism and the editing process. For Kidder to switch places in the writing process with his editor Richard Todd is a revealing informative tunnel to tour.

Much is written about my favorite prior reads by Kidder: *Strength AND Mountains*. Good to reread how these two masterpieces came to be.

"Deo's travail, spending time with him in New York and Boston, interviewing people who had helped him, and traveling with him to Burundi and Rwanda."

"Most important, retelling the story in first person helped the reader see...what the book was really about. It was not just about extraordinary resilience and courage, but also about memory and how the mind can work to repair itself after devastating experience."

How very helpful to find how health can be healing after time passes, even after Deo's devastating experiences here in the US, many seemed third-world to me in their depravity.

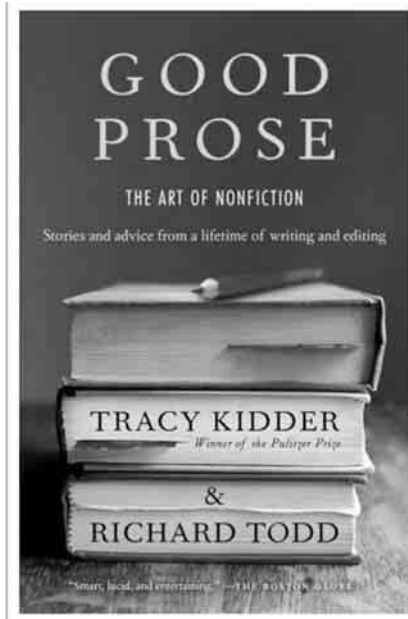
"The central figure in the story, Dr. Paul Farmer, was not...particularly famous...What Kidder realized finally was that he had to be a stand-in for the skeptical reader...Thus Kidder for the first time portrayed himself, registering the discomfort and diminishing skepticism that he had felt while traveling with Farmer."

"One of the side effects of saints (Farmer) is that they can make the rest of us feel crummy, or even annoyed...Paul Farmer is revealed to us through the growing comprehension of the narrator."

The Elements of Style by Strunk and White was my bible while in college. Little did I know then that I would live summers on Great Pond where E.B.White spent August delight from age six onwards. Charlotte's Web was introduced to me in children's lit class around 1969 or thereabouts. Just that one book through the years of teaching public school kids in Md. is enough to stamp anyone's heart.

When I finally discovered the "Once more to the lake" essay and its numerous rewrites, I had experienced decades at Little Sebago with family in various rental cottages. We returned year after year to a spot of heaven where "things don't change much." Little did I know that we would buy an old camp on Great Pond with Girls Camp Runoia as our neighbor.

Then the mailboat came by our dock everyday. Oops, *On Golden Pond*



again. I bet Ernest Thompson honored the advice of Strunk and White with "Omit needless words."

Think about "suck face" in *On Golden Pond*. How brief can one be with Old Poop and the young toughie from CA.

"In his introduction to *The Elements of Style*, E. B. White suggests that the reader is always in danger of confusion. The reader is 'a man floundering in a swamp,' and it falls to the writer...to 'drain this swamp quickly and get his man up on dry ground, or at least throw him a rope.'"

Henry David Thoreau, who explored our Kennebec River and up north on many New England ventures, wrote, "I wish to speak a word for Nature, for absolute Freedom and Wildness, as contrasted with a Freedom and Culture merely civil...'*Walking*' debuted as a lecture in 1851...All its experience can be brought to bear; no subject is too small to notice or too big to contemplate. Emerson wrote even more expansively..."

More New England writers, Emerson, too. Read this great book about writing, and take a walk with our poets, "This is the forest primeval," as Mom and I walked around Little Lake Sebago and many Belgrade walkers do Point Road near Runoia everyday with tall pines providing cool shade on the hottest summer day.

Cool off in the lake and remember E.B.White did his daily canoe paddles near shady shores and enjoying the quiet big blue waters. He even took his son Joe to Bear Springs where morning swims brought out the goose bumps for both father and son.

Good Prose is "Stories and advice from a lifetime of writing and editing," by Pulitzer Prize writer Tracy Kidder and his editor Richard Todd. Rich stories and rich writing, indeed.

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Fine Art and Craft Show
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THE SEXUAL ASSAULT CRISIS AND SUPPORT CENTER
Winthrop, Maine.

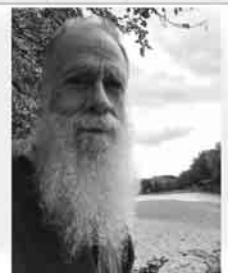


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— Real Estate Update — Ready to Sell...Time for a Professional

“We are ready. We’ve decided the time is right to sell our home. The real estate market is hot, so we will just sell it on our own!”

Sounds easy enough right? In today’s real estate market, we read about homes that have multiple showings, multiple offers and sell within a couple of days on the market. There are many people who believe they can do it without the guidance of professionals.

Did you know that over 50% of our local real estate buyers are from out of state? That number is even higher for lakefront properties. The best real estate agents will work with industry professionals to create a presentation of your home that can be shared to out-of-state markets. They will create a first-class presentation of your home. Your home needs to be completely accessible through online sources from social media and google, to real estate specific sites like Zillow and Realtor.com.

Professional photography creates a strong first impression. The images are so much stronger than can be taken with a handheld camera or cell phone. You want to create an impact that will showcase the style and spirit of your home with images that will catch the attention of potential buyers. Beyond still images of your home, these photographers can also create a presentation to

include aerial photography, landscape photography, stunning videography, floor plans and virtual tours of your home.

Once this presentation of your home has been completed, your real estate professional has the tools to target specific buyers or areas to share your home. Whether through social media channels, online advertising, direct or email marketing, or direct contact with out-of-town brokers, agents can efficiently find buyers for your home.

People buy houses on emotion, so it is important that you can help them visualize what their lifestyle would be in your house. You want your home to be noticed.

While you may think selling your house on your own may save you money. Real Estate professionals live, eat and sleep real estate every day and are dedicated to working in YOUR best interest. Using the tools and knowledge to target buyers that are not local is an important part of the process.

Give your local real estate professional a call before you try and sell on your own. You wont regret it!

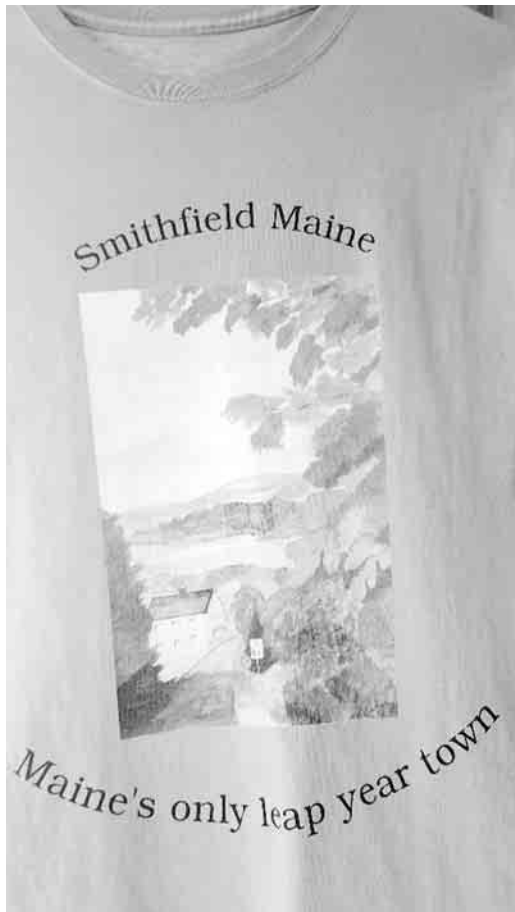
Good Luck and have a happy summer!



...continued from page 5

take a kid along. Or a parent or grandparent. You will be creating memories that will last. 7-Lakes Alliance is hosting many interesting events, which are in the Community Calendar elsewhere in this paper. More info is available at the 7-LA website. The Tuesday afternoon (3 PM) live animal talks from Chewonki are especially popular with kids. Pick up a map of the local trails from the 7 Lakes Alliance at their building. Individual trail maps for most of the trails can be downloaded from their web site at: <https://www.7lakesalliance.org/trailsystem>. Try a new trail for a new adventure. Fogg Island can be accessed by water from Long Pond and by land from the parking lot off Spring Hill Rd in Mt Vernon. It’s over 500 acres of really interesting, mostly wetland, habitat. And there are still highbush blueberries on both sides of the boardwalk.

Smithfield Maine Tee Shirts - \$15



Maine's Only Leap Year Town beautiful tee shirts with design from a local artist's painting. The design is that beautiful view of North Pond as you descend into the village. Back is plain. Tee shirt sizes tend to run a little small. LT. GREEN COLOR. SIZES - small, medium, large, extra-large, 2X large and 3X large \$15 for shirt, \$18 for 2XL and 3XL - available at the Historical Society and the Town Hall or contact Landherrj@gmail.com. Add \$7 for shipping U.S. mail anywhere in the United States.

COFFEEHOUSE ON THE VILLAGE GREEN



Featuring the sparkling musicianship of **The Buttermilk Hill Band**
Saturday, August 19- 6:30 PM

Belgrade Village Green - Route 27 in Downtown Belgrade Lakes

Donations Requested

→ **Bring your own chairs and refreshments** ←

→→ **In case of rain, Coffeehouse will take place at the Union Church of Belgrade Lakes** ←←

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PARKER POND— Stunning 4BD 2BA compound with 300' of waterfront on Parker Pond with 7.8 acres. Chesterville

MLS 1564301 \$1,900,000



SEBASTICOOK LAKE— 5 Bedroom 3 full and 2 half bath exclusive home on its own private peninsula. Newport

MLS 1564201 \$1,800,000



EAST POND— Spacious 3BR/2.5BA home on a large 5.63AC lot with 294' of private lake frontage. Smithfield—Price improvement

MLS 1559378 \$1,100,000



MESSALONSKEE LAKE - 5BD/3BA Year round waterfront retreat that has been masterfully renovated. Oakland

MLS 1561641 \$1,250,000



McGRATH POND— Classic Maine waterfront compound that sits on 2.24 ac. And has 220' on McGrath Pond. Belgrade

MLS 1557401 \$995,000



GP MILL STREAM - 3BD/2BA year round home with 120' waterfront and close to the village. Belgrade

MLS 1565295 \$829,900



GREAT POND— 2BD/1BA seasonal cottage with 53' of waterfrontage in Cedar Camps Association. Belgrade

MLS 1567741 \$449,500



GREAT POND - 2BR/1BA cottage just steps to the lake in Cedar Camp Condo Association. 60' private waterfrontage. Belgrade

MLS 1565287 \$415,000



FLYING POND— 3BD/1BA Seasonal camp with 75' on Flying Pond. 1,170SqFt & 0.3 Acres. Vienna

MLS 1567667 \$475,000



LAND ON HOYT ISLAND— 7.56 ACS on Hoyt Island with 481' On Great Pond. Belgrade

MLS 1558073 \$235,000



LONG POND - 2.42 Acres and 372' of waterfront on beautiful Long Pond. Rome

MLS 1563938 \$559,000



LONG POND - 16+ acres of land with 563 feet of waterfrontage on Long Pond. Wonderful sunsets! Belgrade

MLS 1558261 \$799,000